

# Energy Bites

## A Smarter Way to Snack

Energy Bites are a tasty, mindful snack with a boost designed to fuel your focus and boost cognitive performance. Includes 65 mg of naturally sourced caffeine from green tea along with L-theanine and CognatiQ® coffee fruit extract.†

## Why You'll Love It

- Each serving promotes focus and mental alertness with natural caffeine.†
- Includes the same amount of CognatiQ shown effective in clinical studies to promote increased alertness and decreased mental fatigue.†
- Made with wholesome and delicious ingredients for smarter snacking.

## What's Inside

- Naturally sourced **caffeine from green tea**.
- **L-theanine** and **CognatiQ coffee fruit extract**.†
- Natural sweetness with **coconut sugar** and **stevia**.
- Pre-portioned, **110-calorie snack**.

## How to Use

Energy Bites are a perfectly portioned snack option for Shake Days and Cleanse Days. They can be enjoyed up to twice daily whenever a cognitive boost or wholesome snack is needed. Each Energy Bite provides 65 mg of caffeine, a bit more than a typical cup of black tea, but less than an average cup of coffee.

CognatiQ® is a registered trademark of VDF FutureCeuticals, Inc. Pat. Fcpatent.com

† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Soy Free



Non-GMO



Gluten Free



Quality Tested



Vegan



No artificial flavors, colors, or sweeteners

Visit [isagenix.com](https://isagenix.com) for more information on flavors, packaging, and nutrition facts.

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